

DIY Ocean Scrub

Inspired by Lush

Ingredients

- $\frac{1}{2}$ Avocado
- 4 Tbsp Lime Juice
- 1 tsp Coconut Milk
- 2 Tbsp Witch Hazel
- 4-8 Tbsp Fine and Coarse salt
- Blue Food Coloring (optional)
- Small Dish to Store Scrub In

1. Half the Avocado, then mash one half in mixing bowl
2. Add limejuice, coconut milk, and witch hazel.
3. Add salt. *I started with 2 Tbsp of fine and 2 of Coarse. Add more fine salt if you want it less abrasive. Keep adding salt until your liking.*
4. (Optional step) Add a few drops of blue dye to give it that ocean look. Mix together until consistent color then add to your small storage dish. *(dye does wash off)*
5. In other small dish, add 1-2 Tbsp of Coarse Salt and a drop or two of blue dye (optional) mix together. Then add to top of scrub.
6. Use scrub on body and face *(recommended no dye when using of face but it does wash off)*